

Sound Therapy with Fredrik

Tuesdays at The Storey

Start 25 June 2024, 7 pm to 8 pm

Suggested donations start at 50p



Simply come along and immerse yourself in the experience. All that is required of you is to find a comfortable spot, sit back, and follow a gentle guidance.

Led by Fredrik Holm, a seasoned musician and composer who has been facilitating Sound Awareness courses for over 15 years.

Please let Fredrik know your attendance by sending a quick email to fredrik.intune@gmail.com

www.2b-intune.com